

RADIAL SHOCKWAVE THERAPY IN SOUTHERN ILLINOIS

Radial Shockwave Therapy is a **FDA CLEARED TECHNOLOGY** proven to increase the rate of healing for soft tissue tendinopathy. It is an advanced, non-invasive and highly effective treatment method that enhances blood circulation and accelerates the healing process causing damaged tissue to gradually regenerate. Southern Illinois Podiatry is always excited to embrace new technologies in the office that will help people suffering from chronic foot, heel and ankle pain.

WHAT CONDITIONS CAN BE TREATED WITH RADIAL SHOCKWAVE

PLANTAR FASCIITIS

ACHILLES TENDINITIS

CHRONIC HEEL PAIN

ACUTE AND CHRONIC MUSCLE PAIN

HOW DOES RADIAL SHOCKWAVE WORK? When you experience chronic pain, your body no longer recognizes that there is an injury to that area. As a result, it shuts down the healing process and you feel no relief. The ballistic sound waves of the Enpuls penetrate deep through your soft tissue, causing a microtrauma or new inflammatory condition to the treated area. Once this occurs, it then triggers your body's natural healing process. These bio-chemicals allow for the building of an array of new microscopic blood vessels in the soft tissue.

WHAT DO STUDIES SHOW? There has been extensive studies done on Radial Shockwave Therapy over the past 20 years. These studies have shown 72%-80% rate

HOW IS RADIAL SHOCKWAVE PERFORMED? The system is a machine with an applicator that looks like an ultrasound. It is administered once a week for a series of 4-5 treatments. Each treatment takes approximately 5 minutes depending on the size and number of areas treated. All treatments are performed by experienced professionals. During the treatment, there may be some minor discomfort. Painful areas are helpful in isolating the truly injured areas.

Why consider Radial Shockwave Therapy?

RSWT has a proven success rate that is equal to or greater than that of traditional treatment methods, including surgery, without the risks, complications, and lengthy recovery periods. There are no incisions and no risk of infection, or scar tissue, like with surgery.

There is no need for anesthesia to be administered during the treatment, as opposed to high-energy shockwave therapy. Patients treated with RSWT may be active immediately and resume their normal routine the same day. Many patients find a significant and immediate reduction in their pain. Some patients will feel results gradually after each treatment.

Why RSWT instead of Physical Therapy?

Physical therapy is 2 to 3 times a week, for 6 weeks and you are at the facility for no less than an hour. More importantly, there is usually a co-pay required for every visit.

The RSWT treatments are only once a week, for 5 minutes each. This is a highly effective modality which is faster and more effective than Physical therapy, and the cost of the RSWT treatments are usually LESS than the total of your PT co-pays. If you want fast results in less time, and would like to save money, the RSWT treatment is a better choice.

What are the possible side effects?

There have been very few side effects reported. In rare cases, skin bruising may occur. Patients may also feel soreness in the area for a day or two afterward, similar to a strenuous workout.

Soft tissue pain affects millions of people every day. For some people, this pain is a nuisance. But for many, it is physically debilitating, reducing their quality of life and limiting their ability to enjoy activities with family and friends.



How does Radial Pulse Therapy (RPT) work?

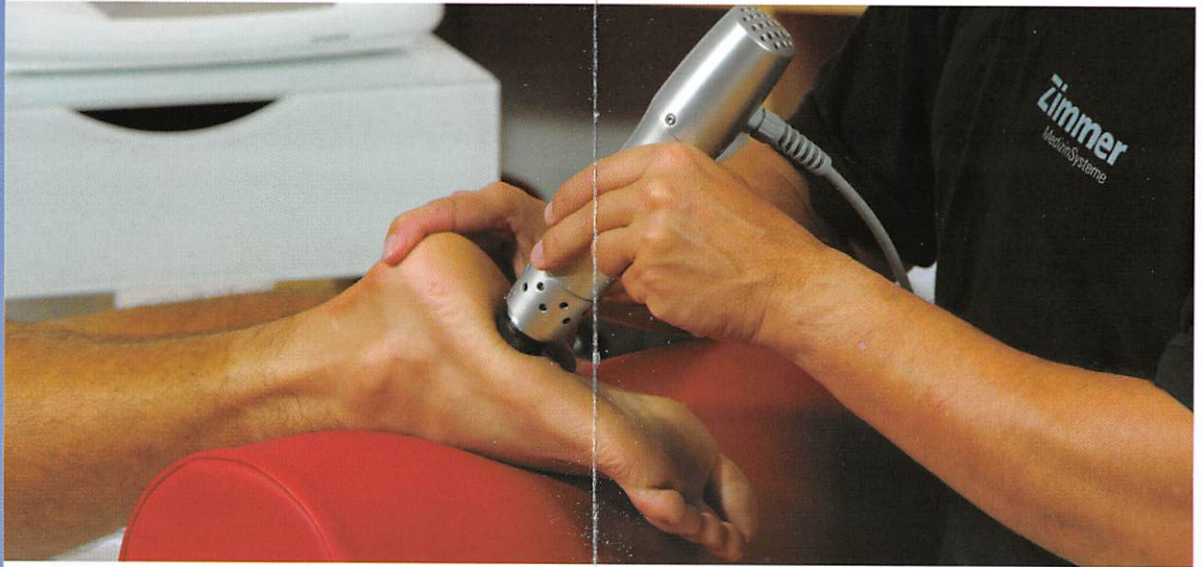
The enPuls device delivers mechanical energy to the target tissue. The energy will treat area soft tissue pain, increase the circulation and also improve tissue tone.

For more information, please ask your health care provider to help decide if RPT is right for you.

FAQ

Will I experience pain during treatment?

Radial Pulse Therapy (RPT) creates a mechanical stress that may cause mild discomfort during treatment. Depending on the desired depth of penetration, varying amounts of energy may be utilized to create the desired effect. Some soreness may be experienced post-treatment.



"After months of suffering, the enPuls has completely relieved my chronic foot pain." - David M. (Chicago, IL)



How soon can I expect pain relief after the treatment?

Most patients report some pain relief after the first treatment. However, the effects are most prominent after the second or third treatment. Your clinician will be able to help you through this process. Patients respond differently, based on their condition.

How many treatments are required on average?

The normal number of treatments for most conditions is 3 to 5. 4 to 7 days between treatments is recommended to allow the body to recover naturally.

Can I continue normal physical exercise or playing sports after RPT?

Physical exercise promotes metabolism and the restructuring processes in the tissue. You may continue your physical activities within the guidelines set by your health care provider.

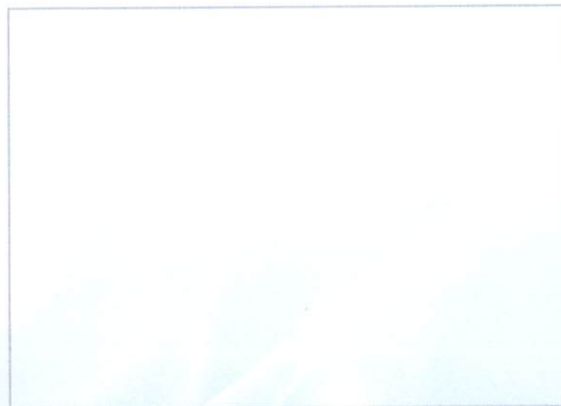
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Research and development are high priorities.

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For more information



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**DO YOU SUFFER FROM
CHRONIC FOOT, HEEL OR
ANKLE PAIN?**



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No down time

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**TAKE A STEP
IN THE RIGHT DIRECTION!**

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